

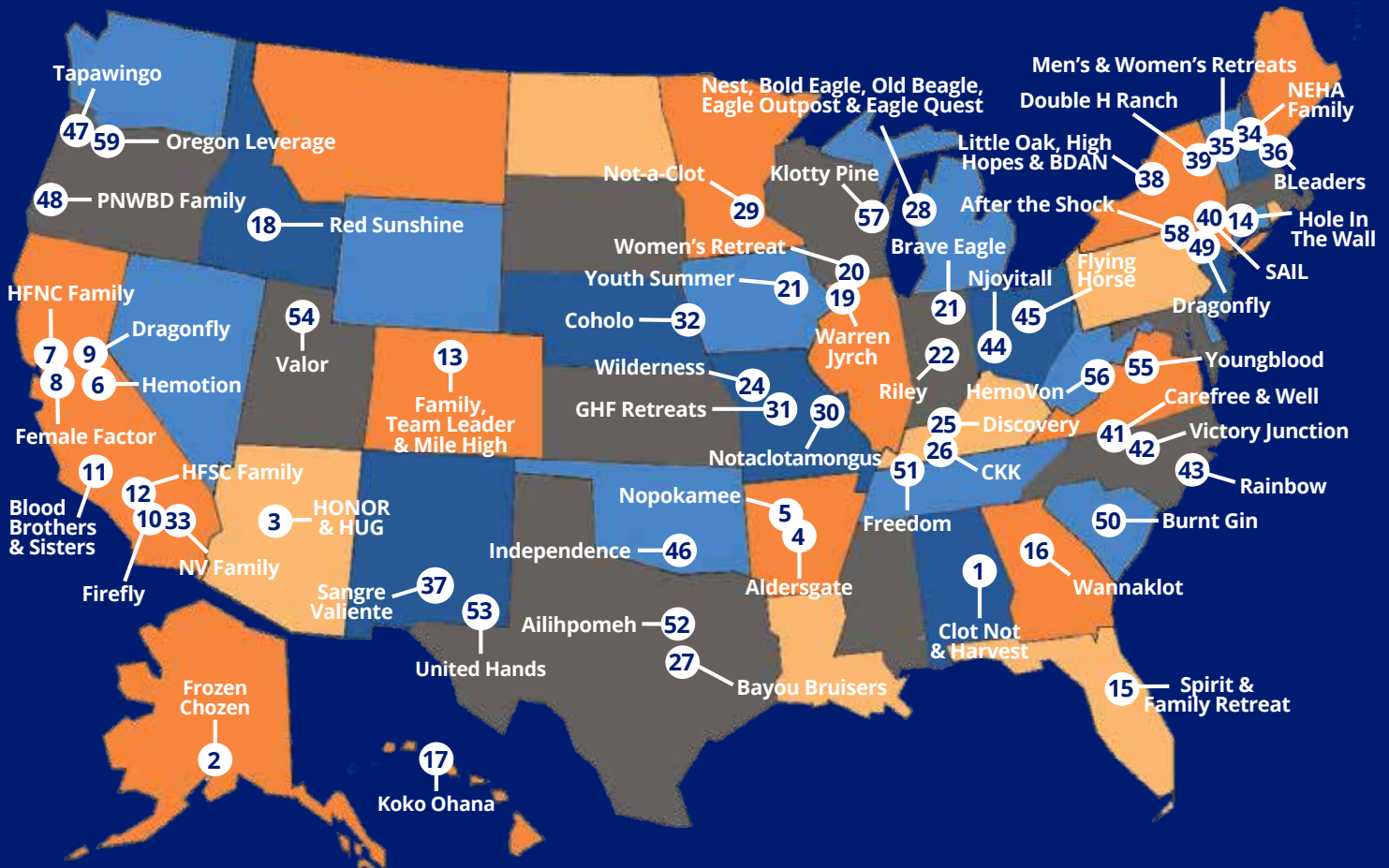
# 2023 BLEEDING DISORDER CAMPS

## *Across the Country!*

Every year, a slew of bleeding disorders community members excitedly look forward to spending time at camp. It's an enchanting place where kids make lifelong friends with others who, just like them, live with hemophilia or von Willebrand. It's a place where everyone understands what a young patient or sibling goes through with little explanation needed. It's a place where a child can learn to self-infuse and gain independence and confidence as they learn to manage their bleeding disorder.

The end of the pandemic status of COVID-19 may be in sight with the availability of vaccines, better management of symptoms, and the US ending its emergency declaration in May 2023. Although we must remain vigilant, most camps have moved forward and are resuming camp activities as usual. Check our list for the camp nearest you or contact your BioMatrix Regional Care Coordinator for help locating one near you.

Campers, volunteers, medical personnel...  
We wish you all a magical time!



## ALABAMA

### 1. Camp Clot Not

**Date:** June 17-22, 2023  
**Open to:** Boys and girls with a bleeding disorder and carriers  
**Ages:** 6-18



### 1. Camp Harvest Family

**Date:** Oct. 20-22, 2023  
**Open to:** Active HBDA families with a parent or child with a bleeding disorder



#### Location:

Children's Harbor on Lake Martin  
Alexander  
City, AL



**Contact:** Amanda Jennings, 334-577-0125  
[amandajennings525@gmail.com](mailto:amandajennings525@gmail.com)  
**Host:** Hemophilia and Bleeding Disorders of Alabama, Inc., [www.hbda.us](http://www.hbda.us)

## ALASKA

### 2. Camp Frozen Chosen

**Date:** July 9-14, 2023  
**Open to:** Boys and girls with a bleeding disorder and siblings  
**Ages:** Completed 1<sup>st</sup> grade through high school senior



**Location:** Birchwood Camp; Chugiak, AK  
**Contact:** Michelle Palmatier, 907-229-6017  
[michelle.alaskahemo@gmail.com](mailto:michelle.alaskahemo@gmail.com)  
[alaskahemo@gmail.com](mailto:alaskahemo@gmail.com)  
**Host:** Alaska Hemophilia Association and Bleeding Disorder Center, 907-917-9235  
[www.alaskableedingdisorders.org](http://www.alaskableedingdisorders.org)

## ARKANSAS

### 4. Camp Aldersgate

**Date:** July 16-21, 2023  
**Open to:** Boys and girls with a bleeding disorder  
**Ages:** 6-18  
**Location:** Camp Aldersgate; Little Rock, AR  
**Contact:** Luke Nipper, 501-225-1444  
[Lnipper@campaldersgate.net](mailto:Lnipper@campaldersgate.net)  
**Host:** Camp Aldersgate  
[www.campaldersgate.net](http://www.campaldersgate.net)



### 5. Camp Nopokamee

**Date:** July 16-20, 2023  
**Open to:** Boys and girls with a bleeding disorder, carriers and siblings  
**Ages:** 8-18  
**Location:** 4H Club; Ferndale, AR  
**Contact:** Angela Hodgdon, 501-428-5754  
[secretary@arkhemofoundation.org](mailto:secretary@arkhemofoundation.org)  
**Host:** Hemophilia Foundation of Arkansas  
<http://arkhemofoundation.org>



## CALIFORNIA

### 6. California Camp Hemotion

**Date:** June 25-July 1, 2023  
**Open to:** Boys and girls with a bleeding disorder, carriers, siblings and cousins  
**Ages:** 7-14  
**Ages:** 15-17 Junior Counselors  
**Ages:** 18-20 Assistant Counselors  
**Ages:** 21+ Adult Counselors  
**Location:** Camp Oakhurst; Coarsegold, CA  
**Contact:** Ashley Gregory, 510-658-3324  
[ashley.gregory@hemofoundation.org](mailto:ashley.gregory@hemofoundation.org)  
**Host:** Hemophilia Foundation of Northern California, [www.hemofoundation.org](http://www.hemofoundation.org)

### 7. HFNC Family Camp

**Date:** March 10-12, 2023  
**Open to:** HFNC families affected by a bleeding disorder  
**Location:** Camp Arroyo; Livermore, CA  
**Contact:** Ashley Gregory, 510-658-3324  
[ashley.gregory@hemofoundation.org](mailto:ashley.gregory@hemofoundation.org)  
**Host:** Hemophilia Foundation of Northern California, [www.hemofoundation.org](http://www.hemofoundation.org)

### 8. The Female Factor Retreat

**Date:** Feb 17-19, 2023  
**Open to:** Women and those identified female at birth in the bleeding disorders community  
**Ages:** 12 and up  
**Location:** Walker Creek Ranch  
Petaluma, CA  
**Contact:** Ashley Gregory, 510-658-3324  
[ashley.gregory@hemofoundation.org](mailto:ashley.gregory@hemofoundation.org)  
**Host:** Hemophilia Foundation of Northern California, [hemofoundation.org](http://hemofoundation.org)



Female Factor

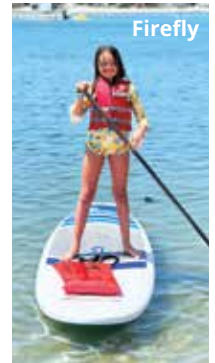
### 9. Teen Camp Dragonfly

**Date:** July 10-14, 2023  
**Open to:** Teen boys and girls with a bleeding disorder, carriers and siblings  
**Ages:** 14-17  
**Ages:** 21+ General Staff  
**Location:** ETC River Camp, South Fork of the American River; Lotus, CA  
**Contact:** Nooshin Kosar  
619-325-3570 [info@hasdc.org](mailto:info@hasdc.org)  
**Host:** Hemophilia Association of San Diego County, [www.hasdc.org](http://www.hasdc.org)



### 10. Camp Firefly

**Date:** July 24-28, 2023  
**Open to:** Boys and girls with a bleeding disorder, carriers and siblings (space permitting)  
**Ages:** 7-14  
**Ages:** 16-18 Jr. Counselors  
**Ages:** 19+ Counselors and General Staff  
**Location:** YMCA Camp Oakes; Big Bear, CA  
**Contact:** Nooshin Kosar  
619-325-3570  
[info@hasdc.org](mailto:info@hasdc.org)  
**Host:** Hemophilia Association of San Diego County  
[www.hasdc.org](http://www.hasdc.org)



Firefly

### 11. Camp Blood Brothers & Sisters

**Date:** July 16-21, 2023  
**Open to:** Boys and girls with a bleeding disorder  
**Ages:** 7-16  
**Ages:** 17-18 Leader-in-Training  
**Ages:** 19+ Volunteers  
**Location:** The Painted Turtle Camp; Lake Hughes, CA  
**Contact:** Rigo Garcia, 626-765-6656  
[rigo@hemosocal.org](mailto:rigo@hemosocal.org)  
**Host:** Hemophilia Foundation of Southern California, [www.hemosocal.org](http://www.hemosocal.org)

## ARIZONA

### 3. Camp HONOR

(Hemophiliacs Overcoming New Obstacles Resourcefully)

**Date:** June 6-10, 2023  
**Open to:** Boys and girls with a bleeding disorder, siblings and children of an affected parent  
**Ages:** 8-17



Camp Honor

**Location:** Camp Wamatochick  
Prescott, AZ

**Contact:** Vickie Parra  
602-955-3947,  
[vickie@arizonahemophilia.org](mailto:vickie@arizonahemophilia.org)  
**Host:** Arizona Bleeding Disorders  
[www.arizonahemophilia.org](http://www.arizonahemophilia.org)

### 3. HUG Family Camp

(Hemophilia Uniting Generations)

**Date:** Oct. 20-22, 2023  
**Open to:** AZ families with a parent or child affected by a bleeding disorder  
**Location:** Camp Friendly Pines; Prescott, AZ  
**Contact:** Vickie Parra, 602-955-3947  
[vickie@arizonahemophilia.org](mailto:vickie@arizonahemophilia.org)  
**Host:** Arizona Bleeding Disorders  
[www.arizonahemophilia.org](http://www.arizonahemophilia.org)



Blood Brothers & Sisters



## 12. HFSC Family Retreat

**Date:** June 2-4, 2023

**Open to:** Anyone with a bleeding disorder and their immediate family

**Location:** Pali Mountain Retreat  
Running Springs, CA

**Contact:** Rigo Garcia, 626-765-6656  
[rigo@hemosocal.org](mailto:rigo@hemosocal.org)

**Host:** Hemophilia Foundation of Southern California, [www.hemosocal.org](http://www.hemosocal.org)

## COLORADO

### 13. Colorado Chapter Family Camp

**Date:** June 10-11, 2023

**Open to:** Adults with bleeding disorders and their families, families with a child with a bleeding disorder too young for camp, and young adults

**Location:** Highlands Presbyterian Camp & Retreat Center; Allenspark, CO

**Contact:** Hanna Beary, 646-499-0684  
[hbeary@hemophilia.org](mailto:hbeary@hemophilia.org)

**Host:** Colorado Chapter NHF, 720-545-0755  
[www.cohemo.org](http://www.cohemo.org)



### 13. Teen Leadership Weekend

**Date:** July 21-23, 2023

**Open to:** Teen boys and girls with a bleeding disorder

**Ages:** 14-18

### 13. Mile High Camp

**Date:** July 23-27, 2023

**Open to:** Boys and girls with a bleeding disorder and siblings

**Ages:** 6 and up

**Location:** Rocky Mountain Village Empire, CO

**Contact:** Hanna Beary, 646-499-0684  
[hbeary@hemophilia.org](mailto:hbeary@hemophilia.org)

**Host:** Colorado Chapter NHF, 720-545-0755  
[www.cohemo.org](http://www.cohemo.org)



## CONNECTICUT

### 14. The Hole in the Wall Gang Camp

**Dates:** June 17-23, June 26-July 2, July 15-21, July 24-30 and August 12-18, 2023

**Open to:** Boys and girls with bleeding disorders and other serious illnesses

**Ages:** 7-15

### 14. The Hole in the Wall Gang Camp Sibling Session

**Date:** August 21-27, 2023

**Open to:** Siblings of campers attending the summer program or Hero's Journey

**Ages:** 7-15



### 14. The Hole in the Wall Gang Hero's Journey

Adventure-based wilderness search and rescue program in the woods of Connecticut

**Dates:** June 17-23, June 26-July 2, July 6-12, July 15-21, and July 24-30, 2023

**Open to:** Adolescents with a bleeding disorder or other serious illness, and siblings

**Ages:** 16-18

**Location:** Ashford, CT



The Hole in the Wall Gang

### 14. The Hole in the Wall Gang Champion's Journey

**Dates:** July 24-30, August 2-8, August 12-18 and August 21-27, 2023

**Open to:** Adolescents with a bleeding disorder or other serious illness and siblings

**Ages:** 16-18

**Location:** Ashford, CT

**Contact:** Paige Breton, 860-429-3444 x121

[paige.breton@holeinthewallgang.org](mailto:paige.breton@holeinthewallgang.org)

[admissions@holeinthewallgang.org](mailto:admissions@holeinthewallgang.org)

**Host:** The Hole in the Wall Gang

[www.holeinthewallgang.org](http://www.holeinthewallgang.org)

### 14. The Hole in the Wall Gang Camp Family Sessions

**Date:** March 31-April 2, April 14-16, April 28-30, May 5-7 and May 12-14, 2023

**Open to:** Families with bleeding disorders and other serious illnesses

**Ages:** All ages

**Location:** Ashford, CT

**Contact:** Beth Starkin, 203-745-2720

[beth.starkin@holeinthewallgang.org](mailto:beth.starkin@holeinthewallgang.org)

**Host:** The Hole in the Wall Gang

[www.holeinthewallgang.org](http://www.holeinthewallgang.org)



**FUN FACT:** In 2024, The Hole in the Wall Gang Camp is opening a new camp on the Eastern Shore of Maryland!

## FLORIDA

### 15. Camp Spirit

**Date:** June 12-16, 2023

**Open to:** Boys and girls with a bleeding disorder

**Ages:** 7-16

### Family Retreat Weekend

**Date:** Oct. 13-15, 2023

**Open to:** Families affected by a bleeding disorder

**Location:** Camp Boggy Creek; Eustis, FL

**Contact:** Fran Haynes, 407-629-0000

[franhaynes@hemophiliaflorida.org](mailto:franhaynes@hemophiliaflorida.org)

[info@hemophiliaflorida.org](mailto:info@hemophiliaflorida.org)

**Host:** Hemophilia Foundation of Greater Florida, [www.hemophiliaflorida.org](http://www.hemophiliaflorida.org)



### 15. Camp Spirit Youth Retreat

**Date:** July 29, 2023

**Open to:** Young adult boys and girls with a bleeding disorder

**Ages:** 13-20

**Location:** TBA, FL

**Contact:** Fran Haynes, 407-629-0000

[franhaynes@hemophiliaflorida.org](mailto:franhaynes@hemophiliaflorida.org)

[info@hemophiliaflorida.org](mailto:info@hemophiliaflorida.org)

**Host:** Hemophilia Foundation of Greater Florida, [www.hemophiliaflorida.org](http://www.hemophiliaflorida.org)



Spirit

## GEORGIA

### 16. Camp Wannaklot

**Date:** July 1-7, 2023

**Open to:** Boys and girls with a bleeding disorder

**Ages:** 7-12 Junior Camp

**Ages:** 13-17 Teen Camp

**Location:** Camp Twin Lakes; Rutledge, GA

**Contact:** Kristi Fulford

770-518-8272

[kffulford@hog.org](mailto:kffulford@hog.org)

**Host:** Hemophilia of Georgia, [www.hog.org](http://www.hog.org)



## HAWAII

### 17. Family Camp Koko Ohana

**Date:** June 23-25, 2023

**Open to:** Families and individuals affected by a bleeding disorder

**Location:** Camp Molute'ia; Wai'alea, HI

**Contact:** Kyra Calbero, 808-284-7417

[kcalbero@hemophilia.org](mailto:kcalbero@hemophilia.org)

**Host:** Hawaii Chapter-NHF

[www.hawaiiinhf.org](http://www.hawaiiinhf.org)



Koko Ohana

## IDAHO

### 18. Red Sunrise Family Camp

**Date:** June 22-24, 2023

**Open to:** Families affected by a bleeding disorder

**Location:** Sawtooth

Methodist Camp Fairfield, ID

**Contact:** Marlyn Walker, 208-344-4476

208-631-9729, [mwalker@hemophilia.org](mailto:mwalker@hemophilia.org)

**Host:** Idaho Chapter of NHF

[www.idahoblood.org](http://www.idahoblood.org)



## ILLINOIS

### 19. Camp Warren Jyrch

**Date:** July 30–August 5, 2023

**Open to:** Children with inherited bleeding disorders

**Ages:** 7–17

**Location:** YMCA Camp Benson; Mt. Carroll, IL



### 20. Women's and Girl's Retreat

**Date:** July 21–22, 2023

**Open to:** Women and girls with a bleeding disorder

**Location:** The Abbey Resort in Cape Geneva Geneva Lake, WI

**Contact:** 312-427-1495, [info@BDAL.org](mailto:info@BDAL.org)

**Host:** Bleeding Disorders Alliance Illinois [www.bdai.org](http://www.bdai.org)

## INDIANA

### 21. Camp Brave Eagle

**Date:** June 11–16, 2023

**Open to:** Boys and girls with a bleeding disorder and carriers

**Ages:** 7–16

**Location:** Camp Crosley YMCA North Webster, IN

**Contact:** Angel DiRuzza, 317-570-0039 x102 [adiruzza@hoii.org](mailto:adiruzza@hoii.org)

**Host:** Hemophilia of Indiana, Inc.

[www.hoii.org](http://www.hoii.org), [www.ihtc.org/campbraveeagle](http://www.ihtc.org/campbraveeagle)



### 22. Riley Camp Independence

**Date:** June 18–23, 2023

**Open to:** Boys and girls with hematological disorders

**Ages:** 8–18

**Location:** Bradford Woods Martinsville, IN

**Contact:** Nich Hunter, 765-349-5121

[nyhunter@indiana.edu](mailto:nyhunter@indiana.edu)

**Host:** Riley Hospital for Children at Indiana University, <https://bradfordwoods.iu.edu/Programs/rectherapy/camp/riley/applications/index.html>



## IOWA

### 23. Youth Summer Hemophilia Camp

**Date:** June 18–23, 2023

**Open to:** Boys and girls with a bleeding disorder and one camper guest per family, space permitting

**Ages:** 6–17

**Location:** Camp Tanager; Mount Vernon, IA

**Contact:** Missy Aitchison

[michelle-aitchison@uiowa.edu](mailto:michelle-aitchison@uiowa.edu) or Karla

Watkinson, 319-356-4271

[karla-watkinson@uiowa.edu](mailto:karla-watkinson@uiowa.edu)

**Host:** Hemophilia of Iowa, Inc.

[www.hemophilaofiowa.org](http://www.hemophilaofiowa.org) with Iowa

Hemophilia and Thrombosis Center



Youth Summer Bleeding Disorders Camp

## KANSAS | MISSOURI

### 24. Camp Wilderness

**Date:** July 24–28, 2023

**Open to:** Boys and girls with a bleeding disorder and carriers

**Ages:** 7–17

**Location:** Lake Doniphan Retreat Center; Excelsior Springs, MO

**Contact:**

Luke Saulsberry, 816-315-7308

[campdirector@midwesthemophilia.org](mailto:campdirector@midwesthemophilia.org)

**Host:** Midwest Hemophilia Association

[www.midwesthemophilia.org](http://www.midwesthemophilia.org)



## KENTUCKY

### 25. Camp Discovery

**Date:** July 23–27, 2023

**Open to:** Boys and girls with a bleeding disorder and siblings

**Ages:** 7–15



Discovery



### 25. Family Camp at Camp Discovery

**Date:** May 19–21, 2023

**Open to:** Families and individuals affected by a bleeding disorder

**Location:** Cedar Ridge Camp; Louisville, KY

**Contact:** Ursela Kamala, 502-456-3233

[ursela@kyhemo.org](mailto:ursela@kyhemo.org), [info@kyhemo.org](mailto:info@kyhemo.org)

**Host:** Kentucky Hemophilia Foundation

[www.kyhemo.org](http://www.kyhemo.org)

### 26. Center for Courageous Kids Camp

**Date:** July 11–15, 2023

**Open to:** Families with bleeding disorders (hemophilia, VWD, ITP)

**Location:** CCK; Scottsville, KY

**Contact:** Hannah Reckart

270-618-2912

[hreckart@courageouskids.org](mailto:hreckart@courageouskids.org)

**Host:** Center for Courageous Kids, [www.courageouskids.org](http://www.courageouskids.org)



CCK

## LOUISIANA

### 27. Camp Bayou Bruisers

**Date:** May 28–June 2, 2023

**Open to:** Boys and girls with a bleeding disorder and siblings

**Ages:** 7–17

**Location:** Camp for All; Burton, TX

**Contact:** Ashley Castello

225-291-1675, [director@lahemo.org](mailto:director@lahemo.org) or

Danielle Rowley, [outreach@lahemo.org](mailto:outreach@lahemo.org)

**Host:** Louisiana Hemophilia Foundation [www.lahemo.org](http://www.lahemo.org)



Bayou Bruisers

## MICHIGAN

### 28. Camp Nest Family Camp

**Date:** June 28–July 1, 2023

**Open to:** Young children with a bleeding disorder and their families for an introduction to the Camp Bold Eagle experience

**Ages:** 5–9

### 28. Counselor-in-Training

**Date:** July 3–22, 2023

**Open to:** Former campers exhibiting strong leadership skills

**Ages:** 16–17

### 28. Camp Bold Eagle

**Date:** July 9–13, 2023 **Ages:** 6–9

**Date:** July 15–21, 2023 **Ages:** 10–12

**Date:** July 23–29, 2023 **Ages:** 13–17

**Open to:** Youth with a bleeding disorder

### 28. Camp Old Beagle

**Date:** Sept. 8–10, 2023

**Open to:** All former staff and campers of Bold Eagle, Outpost, Expedition and Quest

**Ages:** 18+ Immediate family members (spouse/significant other) are included.

Under 18 must have a parent attend.

**Location:** Pioneer Trails; Holton, MI

**Contact:** Tim Wicks, 734-961-3507

[twicks@hfmich.org](mailto:twicks@hfmich.org) or Anthony Stevens

734-961-3510, [astevens@hfmich.org](mailto:astevens@hfmich.org)

**Host:** Hemophilia Foundation of Michigan

<https://hfmich.org>

### 28. Camp Eagle Outpost

**Date:** August 6–12, 2023

**Open to:** Youth with a bleeding disorder

**Ages:** 14–15

**Location:** Throughout Michigan

### 28. Camp Eagle Quest

**Date:** June 10–16, 2023

**Open to:** Adults with a bleeding disorder

**Ages:** 18+

**Location:** Backpacking excursion on North Manitou Island in Lake Michigan

**Contact:** Tim Wicks, 734-961-3507

[twicks@hfmich.org](mailto:twicks@hfmich.org) or Anthony Stevens

734-961-3510, [astevens@hfmich.org](mailto:astevens@hfmich.org)

**Host:** Hemophilia Foundation of Michigan

<https://hfmich.org>

## MINNESOTA | DAKOTAS

### 29. Camp Not-a-Clot

**Date:** July 16–21, 2023

**Open to:** Boys and girls with a bleeding disorder

**Ages:** 7–17

**Location:** YMCA Camp Iduhapi; Loretto, MN

**Contact:** James Paist

651-406-8655, [jamesp@hfmnd.org](mailto:jamesp@hfmnd.org) or Tammy

Ward, 651-406-8655, [tammyw@hgmnd.org](mailto:tammyw@hgmnd.org)

**Host:** Hemophilia Foundation of Minnesota/Dakotas, [www.hfmnd.org](http://www.hfmnd.org)



Not-a-Clot

## MISSOURI

### 30. Camp Notaclotamongus

**Date:** June 7-9, 2023

**Open to:** Boys and girls with a bleeding disorder

**Ages:** 7-17

**Location:** Camp Wyman; Eureka, MO

**Contact:** Bridget Tyrey, 314-482-5973

[info@gatewayhemophilia.org](mailto:info@gatewayhemophilia.org)

**Host:** Gateway Hemophilia Association

[www.gatewayhemophilia.org](http://www.gatewayhemophilia.org)



Notaclotamongus

### 31. GHA Men's Retreat

**Date:** March 24-26, 2023

**Open to:** Men with a bleeding disorder, the spouse of someone with a bleeding disorder or a parent or legal guardian of someone with a bleeding disorder residing in the GHA service area.

**Ages:** 21 and older

### 31. GHA Adult Retreat

**Date:** April 28-30, 2023

**Open to:** GHA's adult members with a bleeding disorder and their significant other, or parents of a child with a bleeding disorder

**Ages:** 21 and older

### 31. GHA Women's Retreat

**Date:** Oct. 13-15, 2023

**Open to:** GHA's adult women with a bleeding disorder, carrier, spouse of someone with a bleeding disorder, or parent of a child with a bleeding disorder

**Ages:** 21 and older

**Location:** Margaritaville; Lake Ozark, MO

**Contact:** Bridget Tyrey, 314-482-5973

[info@gatewayhemophilia.org](mailto:info@gatewayhemophilia.org)

**Host:** Gateway Hemophilia Association

[www.gatewayhemophilia.org](http://www.gatewayhemophilia.org)

## MONTANA | WYOMING

### 13. Mile High Summer Camp

*In Conjunction with Colorado*

**Date:** July 23-27, 2023

**Open to:** Boys and girls with a bleeding disorder and siblings

**Ages:** 7-18



### 13. Teen Leadership Weekend

*In Conjunction with Colorado*

**Date:** July 21-23, 2023

**Open to:** Teen boys and girls with a bleeding disorder

**Ages:** 14-18

**Location:** Rocky Mountain Village; Empire, CO

**Contact:** Hanna Beary, 646-499-0684

[hbeary@hemophilia.org](mailto:hbeary@hemophilia.org)

**Host:** Rocky Mountain Hemophilia Bleeding Disorder Association, [www.rmhbda.org](http://www.rmhbda.org) and Colorado Chapter NHF, 720-545-0755

[www.cohemo.org](http://www.cohemo.org)

### 13. Montana and Colorado Chapter Family Camp

**Date:** June 10-11, 2023

**Open to:** Adults with bleeding disorders and their families, families with an affected child too young for camp, and young adults

**Location:** Highlands Presbyterian Camp and Retreat Center; Allenspark, CO

**Contact:** Hanna Beary, 646-499-0684

[hbeary@hemophilia.org](mailto:hbeary@hemophilia.org)

**Host:** Colorado Chapter NHF, 720-545-0755

[www.cohemo.org](http://www.cohemo.org)

## NEBRASKA

### 32. CoHoLo Children's Cancer Camps

**Date:** July 16-19

**Open to:** Boys and girls impacted by cancer or a blood disorder

**Ages:** 6-11

### 32. CoHoLo Teen Camp

**Date:** July 19-23, 2023

**Open to:** Teens impacted by cancer or a blood disorder

**Ages:** 12-17

### 32. CoHoLo Sibling Camp

**Date:** September 10-12, 2023

**Open to:** Siblings of boys and girls impacted by cancer or a blood disorder

**Ages:** 6-13

**Location:** Camp Fontinelle; Nickerson, NE

**Contact:** Sarah Jezewski

[director@campcoholo.com](mailto:director@campcoholo.com)

**Host:** Camp CoHoLo, [www.campcoholo.com](http://www.campcoholo.com)



## NEVADA

### 33. Nevada Chapter Family Camp

**Date:** June 21-24, 2023

**Open to:** Immediate household family members of the NV Chapter

**Location:** Camp de Benneville Pines, Angelus Oaks, CA

**Contact:** Danielle Bell, 702-306-5513

[dbell@hemophilia.org](mailto:dbell@hemophilia.org)

**Host:** Nevada Chapter NHF, [www.hfnv.org](http://www.hfnv.org)

## NEW HAMPSHIRE | NEW ENGLAND

### 34. NEHA Annual Family Camp

**Date:** June 28-July 1, 2023

**Open to:** New England families affected by a bleeding disorder

**Location:**

Geneva Point Center Moultonborough, NH

**Contact:** Diane Bruno, 781-326-7645

[dbruno0405@gmail.com](mailto:dbruno0405@gmail.com)

**Host:** New England Hemophilia Association

[www.nehemophilia.org](http://www.nehemophilia.org)



New England Family Camp

### 35. Men's Retreat

**Date:** April 21-23, 2023

**Open to:** People who identify as male with a bleeding disorder and caregivers, dads and grandfathers of children with a bleeding disorder

**Ages:** 18 and over

### 35. Women's Retreat

**Date:** August 11-13, 2023

**Open to:** Women with any type of bleeding disorder, carriers, and caregivers living in New England

**Ages:** 18 and over

**Location:** Stratton Mountain Resort, Stratton, VT

**Contact:** Diane Bruno, 781-326-7645,

[dbruno0405@gmail.com](mailto:dbruno0405@gmail.com)

**Host:** New England Hemophilia Association, 781-326-7645, [www.nehemophilia.org](http://www.nehemophilia.org)

### 36. BLeaders Teen Retreat

**Date:** March 3-5, 2023

**Open to:** People who identify as male with a bleeding disorder and caregivers, dads and grandfathers of children with a bleeding disorder

**Ages:** 13-18 (12 year olds may be considered on a case-by-case basis)

**Location:** Alnoba; Kensington, NH

**Contact:** Diane Bruno, 781-326-7645

[dbruno0405@gmail.com](mailto:dbruno0405@gmail.com)

**Host:** New England Hemophilia Association 781-326-7645, [www.nehemophilia.org](http://www.nehemophilia.org)

## NEW MEXICO

### 37. Camp Sangre Valiente

**Date:** July 9-13, 2023

**Open to:** Boys and girls with a bleeding disorder and siblings

**Ages:** 7-17

**Location:** Sacramento Camp & Conference Center; Sacramento, NM

**Contact:** Alfonso Jaramillo, 505-341-9321

[alfonso.jaramillo@sangredeoro.org](mailto:alfonso.jaramillo@sangredeoro.org)

**Host:** Sangre de Oro, Inc. Bleeding Disorders Foundation of NM,

[www.sangredeoro.org](http://www.sangredeoro.org)



## NEW YORK

### 38. Camp Little Oak

**Date:** July 23-29, 2023

**Open to:** Girls with a bleeding disorder, carriers and sisters of boys with a bleeding disorder

**Ages:** 7-17

**Location:** Camp Aldersgate; Greig, NY

**Contact:** Hannah Russell, 425-770-1801

[hannah.m.russell.p@gmail.com](mailto:hannah.m.russell.p@gmail.com)

**Host:** Camp Little Oak: [camplittleoak.org](http://camplittleoak.org)



### 38. Camp High Hopes

**Date:** July 23-29, 2023

**Open to:** Boys with a bleeding disorder, male siblings and male family members of women with a bleeding disorder

**Ages:** 7-17

**Location:** Camp Aldersgate; Greig, NY

**Contact:** Joe Brennan, 607-226-5474

[jbrennan@camphighhopes.org](mailto:jbrennan@camphighhopes.org)

**Host:** Camp High Hopes, Inc.

[www.camphighhopes.org](http://www.camphighhopes.org)



### 38. BDAN Family Camp

**Date:** Oct. 7-9, 2023  
**Open to:** Families and adult individuals affected by a bleeding disorder  
**Location:** Camp Aldersgate; Greig, NY  
**Contact:** Bob Graham  
315-396-2944  
[bdaninc@gmail.com](mailto:bdaninc@gmail.com)  
**Host:** Bleeding Disorder Advocacy Network  
[www.bdaninc.org](http://www.bdaninc.org)



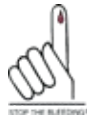
### 39. Double H Ranch

**Dates:** Sessions June 21-25, June 28-July 2, July 5-9, July 13-17, July 20-24 and July 27-31, 2023  
Alumni Session  
August 3-7, 2023  
**Open to:** Boys and girls with a bleeding disorder  
**Ages:** 6-16  
**Location:** Lake Luzerne, NY  
**Contact:** Tara Bogucki, 518-696-5676 x222  
[tbogucki@doublehbranch.org](mailto:tbogucki@doublehbranch.org)  
**Host:** Double H Ranch  
[www.doublehbranch.org](http://www.doublehbranch.org)



### 40. Camp SAIL Teen Retreat

**Date:** September 22-24, 2023  
**Open to:** Teen boys and girls with a bleeding disorder or a sibling in the same household as someone with a bleeding disorder) and 1 accompanying adult.  
**Ages:** 13-18  
**Location:** Frost Valley YMCA; Claryville, NY  
**Contact:** Tyshawn Constantine  
212-682-5510  
[tconstantine@hemophiliany.com](mailto:tconstantine@hemophiliany.com)  
**Host:** Hemophilia Association of New York  
[www.hemophiliany.com](http://www.hemophiliany.com)



## NORTH CAROLINA

### 41. Camp Carefree

**Date:** July 23-28, 2023  
**Open to:** Boys and girls with a bleeding disorder  
**Ages:** 6-16



### 41. Carefree Sibling Camp

**Date:** June 18-23, 2023  
**Open to:** Siblings of children with a bleeding disorder  
**Ages:** 6-16

### 41. Carefree Well Children Camp

**Date:** July 16-21, 2023  
**Open to:** Well children with a chronically ill parent  
**Ages:** 6-16  
**Location:** Camp Carefree; Stokesdale, NC  
**Contact:** Mary Kate Young, 336-427-0966  
[directors@campcarefree.org](mailto:directors@campcarefree.org)  
**Host:** Camp Carefree  
[www.campcarefree.org](http://www.campcarefree.org)

### 42. Victory Junction

**Date:** June 11-15, 2023  
**Open to:** Boys and girls with bleeding disorders or other serious illnesses  
**Ages:** 6-16



### 42. Victory Junction Family Weekends

**Dates:** Sessions March 3-5, March 17-19, March 31-April 2 and April 21-23, 2023  
**Open to:** Families of boys and girls ages 6-16 with a bleeding disorder  
**Location:** Victory Junction; Randleman, NC  
**Contact:** Camper Admissions Team  
336-498-9055  
[camperadmissions@victoryjunction.org](mailto:camperadmissions@victoryjunction.org)  
**Host:** Victory Junction  
[www.victoryjunction.org](http://www.victoryjunction.org)

### 43. Camp Rainbow

**Date:** June 11-17, 2023  
**Open to:** Boys and girls with a bleeding disorder treated by East Carolina University Brody School of Medicine  
**Ages:** 6-18  
**Location:** Don Lee Camp; Arapahoe, NC  
**Contact:** Jacquelyn Sauls, 252-744-3304  
[saulsj@ecu.edu](mailto:saulsj@ecu.edu) or Tamika Mackey, 252-744-1170  
**Host:** East Carolina University HTC



## OHIO

### 44. Camp Njoytall

**Date:** July 23-28, 2023 **Ages:** 7-12  
**Date:** July 16-21, 2023 **Ages:** 12-17  
**Open to:** Current patients of Cincinnati Children's Hospital Medical Center/Cancer and Blood Diseases Institute (By invitation only)  
**Location:** Camp Joy; Clarksville, OH  
**Contact:** Abbie Caplinger, 513-636-9736  
[cbdi.camp@cchmc.org](mailto:cbdi.camp@cchmc.org)  
**Host:** Cincinnati Children's Hospital Medical Central, [www.cincinnatichildrens.org/service/c/cancer-blood/patients/camp](http://www.cincinnatichildrens.org/service/c/cancer-blood/patients/camp)



### 45. Flying Horse Farms Family Camp

**Dates:** Sessions - April 21-23, May 5-7, Oct 13-15, Oct 27-29 and Nov 10-12, 2023  
**Open to:** Children ages 7-15 with a serious medical illness and their immediate family members



### 45. Flying Horse Farms Hematology/Oncology Camp

**Date:** June 20-25, 2023  
**Open to:** Boys and girls with a bleeding disorder or oncology patients  
**Ages:** 8-15

### 45. Flying Horse Farms Siblings Camp

**Date:** July 31-August 5, 2023  
**Open to:** Siblings of campers with a serious medical illness  
**Ages:** 8-15

### 45. Flying Horse Farms Ranger Summer Program

**Date:** June 20-25, 2023  
**Open to:** Teenagers with a bleeding disorder or hematology patients who have aged out of above camps. Rangers will engage in intentional service learning and reflection activities that inspire leadership and personal growth.  
**Ages:** 16-17

**Location:** Mt. Gilead, OH  
**Contact:** Abby Rieger, 419-751-7077  
[abbyrieger@flyinghorsefarms.org](mailto:abbyrieger@flyinghorsefarms.org)  
**Host:** Flying Horse Farm Camps  
[www.flyinghorsefarms.org](http://www.flyinghorsefarms.org)

## OKLAHOMA

### 46. Camp Independence

**Date:** July 10-14, 2023  
**Open to:** Boys and girls with a bleeding disorder and siblings  
**Ages:** 6-18  
**Location:** Camp Bond; Tishomingo, OK  
**Contact:** Leisa MacDougall, 918-605-2579, [leisa@okbleedingdisorders.org](mailto:leisa@okbleedingdisorders.org)  
**Host:** Oklahoma Hemophilia Foundation  
918-605-2579, [www.okhemophilia.org](http://www.okhemophilia.org)



## OREGON | PACIFIC NORTHWEST

### 47. Camp Tapawingo

**Date:** July 30-August 5, 2023  
**Open to:** Boys and girls with a bleeding disorder and siblings  
**Ages:** 8-17  
**Location:** Camp Tapawingo; Falls City, OR



### 48. PNWBD Family Camp

**Date:** June 22-25, 2023  
**Open to:** Oregon and SW Washington families affected by a bleeding disorder  
**Location:** Camp Myrtlewood; Myrtle Point, OR  
**Contact:** Madonna McGuire Smith  
541-753-0730, [m.mcguiresmith@pnwbd.org](mailto:m.mcguiresmith@pnwbd.org)  
**Host:** Pacific Northwest Bleeding Disorders  
541-753-0730, [www.pnwbd.org](http://www.pnwbd.org)

## PENNSYLVANIA

### 49. Camp Dragonfly Forest

**Date:** August 6-11, 2023  
**Open to:** Boys and girls with a bleeding disorder, sickle cell or asthma  
**Ages:** 7-15 (grades 2-10)



### 49. Leadership Program

**Date:** July 30-August 11, 2023  
**Open to:** Teens with a hematology condition or asthma  
**Ages:** 15-17

**Location:** Camp Speers YMCA  
Dingmans Ferry, PA  
**Contact:** 570-828-2329  
[campers@philaymca.org](mailto:campers@philaymca.org)  
**Host:** Camp Speers YMCA  
[www.dragonflyforest.org](http://www.dragonflyforest.org)

## SOUTH CAROLINA

### 50. Camp Burnt Gin

**Date:** June 12-16, 2023

**Open to:** Boys and girls with hemophilia, sickle cell and other blood disorders, residents of South Carolina

**Ages:** 7-15

**Location:** Camp Burnt Gin Sumter County, SC

**Contact:** Marie Aimone, 803-898-0784

[campburntgin@dhec.sc.gov](mailto:campburntgin@dhec.sc.gov)

**Host:** South Carolina Dept of Health

<https://scdhec.gov/welcome-camp-burnt-gin>



## TENNESSEE

### 51. Camp Freedom

**Date:** July 8-14, 2023

**Open to:** Boys and girls with a bleeding disorder and carriers

**Ages:** 7-15

**Ages:** 16-17 Leaders-in-Training

**Location:** Brandon Spring Group Center Dover, TN

**Contact:** Teresa Nothan, [teresa@thbdf.org](mailto:teresa@thbdf.org)

or Amanda Wilson

[amanda.wilson@thbdf.org](mailto:amanda.wilson@thbdf.org)

**Host:** TN Hemophilia and Bleeding Disorders Foundation, [www.thbdf.org](http://www.thbdf.org)



## TEXAS

### 52. Camp Ailhpomeh

**Date:** July 16-21, 2023

**Open to:** Boys with hemophilia A or B with less than 20% severity or Type 3 VWD who are currently seen at a partnering Texas HTC

**Ages:** 7-14

**Ages:** 15-17 Leadership program

**Location:** Camp John Marc; Meridian, TX

**Contact:** Amanda Wolgamott

[info@camp-ailhpomeh.org](mailto:info@camp-ailhpomeh.org)

**Host:** Texas Bleeding Disorders Camp Foundation, [www.camp-ailhpomeh.org](http://www.camp-ailhpomeh.org)

[www.campjohnmarc.org](http://www.campjohnmarc.org)



Ailhpomeh

### 53. Camp United Hands

**Date:** July 10-14, 2023

**Open to:** Boys and girls affected by a bleeding disorder and siblings

**Ages:** 7-17

**Location:** Black River Learning Center Carlsbad, NM

**Contact:** Jesus Escobedo, 915-621-8285

[jescobedo1.hoep@gmail.com](mailto:jescobedo1.hoep@gmail.com)

**Host:** Hemophilia Outreach El Paso <http://www.hemolpaso.org>

## UTAH

### 54. Camp Valor

**Date:** July 31-August 3, 2023

**Open to:** Children with a bleeding disorder and carriers

**Ages:** 8-14

### 54. Valor Sibling Camp

**Date:** July 31-August 3, 2023

**Open to:** Siblings of children with a bleeding disorder and children of affected parents

**Ages:** 10-14

**Location:** Camp Wapiti; Tooele, UT

**Contact:** Jan Western, 801-484-0325

[western@hemophiliautah.org](mailto:western@hemophiliautah.org)

**Host:** Utah Hemophilia Foundation

[www.hemophiliautah.org](http://www.hemophiliautah.org)



### 54. Teen Weekend

**Date:** July 14-16, 2023

**Open to:** Teens with a bleeding disorder

**Ages:** 13-19

**Location:** Best Western Cotton Tree Inn Sandy, UT

**Contact:** Jan Western, 801-484-0325

[western@hemophiliautah.org](mailto:western@hemophiliautah.org)

**Host:** Utah Hemophilia Foundation

[www.hemophiliautah.org](http://www.hemophiliautah.org)



## VIRGINIA

### 55. Camp Youngblood

**Date:** July 16-21, 2023

**Open to:** Boys and girls with bleeding disorders, siblings, and children of members of the inherited bleeding disorder community residing within the VHF or HACA coverage area.

**Ages:** 7-17

**Location:** Camp Holiday Trail Charlottesville, VA

**Contact:** HACA, 703-712-2266

[admin@hacacares.org](mailto:admin@hacacares.org) or VHF

804-740-8643, [info@vahemophilia.org](mailto:info@vahemophilia.org)

**Host:** HACA, <https://hacacares.org> and

VHF, <https://vahemophilia.org>

Camp Holiday Trails, 434-977-3781

[program@campholidaytrails.org](mailto:program@campholidaytrails.org)

<https://campholidaytrails.org/campers>



### 55. Holiday Trails Summer Camp

**Date:** June 18-23 and July 23-28, 2023

**Open to:** Boys and girls with bleeding disorders and other medical needs. Siblings without a diagnosis are welcome too!

**Ages:** 7-17

**Location:** Charlottesville, VA

**Contact:** Taryn Mouhot, 434-977-3781

[campisgood@campholidaytrails.org](mailto:campisgood@campholidaytrails.org)

**Host:** Camp Holiday Trails

<https://campholidaytrails.org/campers>

## WASHINGTON

### 56. Camp I-Vy Jr. Family Camp

**Date:** April 22-23, 2023

**Ages:** 7-17

**Open to:** Newly diagnosed/young families with a child age 0-10 in Washington State

**Location:** Aloft Seattle Redmond Hotel Redmond, WA

**Contact:** Erica Duke, Camp Director

206-533-1660, [general@bdfwa.org](mailto:general@bdfwa.org)

**Host:** Bleeding Disorder Foundation of

Washington, [www.bdfwa.org](http://www.bdfwa.org)

## WEST VIRGINIA

### 56. Camp Winaca | Camp HemoVon

**Date:** June 5-9, 2023

**Ages:** 7-17

**Open to:** Boys and girls affected by a bleeding disorder or oncology diagnosis

**Location:** Camp Twin Creeks Marlinton, WV

**Contact:** Kristen Dansereau, 304-641-1413

[kdansereau@hemophilia.org](mailto:kdansereau@hemophilia.org), West Virginia

Chapter NHF, 304-212-2616, [www.wvnhf.org](http://www.wvnhf.org)

**Host:** West Virginia University HTC



## WISCONSIN

### 57. Camp Klotty Pine

**Date:** August 7-12, 2023

**Open to:** Boys and girls with a bleeding disorder and carriers

**Ages:** 7-15

**Ages:** 15-18 Leaders-In-Training

Program for former campers from Wisconsin, Minnesota, Michigan or Illinois

**Location:** Campbellsport, WI

**Contact:** Karin Koppen, 414-937-6782

[kkoppen@glhf.org](mailto:kkoppen@glhf.org)

**Host:** Great Lakes Hemophilia Foundation 414-257-0200, [www.glhf.org](http://www.glhf.org)



## NATIONAL INHIBITOR CAMP

### 58. After the Shock



**Date:** June 23-26, 2023

**Open to:** Families with a child (ages 0-18) managing a currently active or previously active inhibitor within 3 years regardless of what bypassing agents and/or factor products they use.

**Location:** Camp Zeke; Lakewood, PA

**Contact:** CHES, 781-878-8561

[info@ches.education](mailto:info@ches.education)

**Host:** nSpiration Foundation

<https://nspiration.foundation/after-the-shock>

## NATIONAL INHIBITOR CAMP

### 59. Oregon Leverage

**Date:** Sept 10-14, 2023

**Open to:** Adults with hemophilia and an active inhibitor within 3 years

**Ages:** 18+

**Location:** Camp Collins Gresham, OR

**Contact:** Janet Brewer, [jbrewer@ches.education](mailto:jbrewer@ches.education)

**Host:** CHES Foundation,

[www.ches.education/leverage](http://www.ches.education/leverage)

