

## Never stop learning, because life never stops teaching.

Someone once said, "Never stop learning, because life never stops teaching." This is particularly true in the bleeding disorders community. From adolescence through adulthood, new challenges frequently arise requiring the knowledge, advice, and support of those who have faced similar issues and successfully conquered them.

BioMatrix offers educational programs designed to assist patients and caregivers navigate the ups and downs of life with a bleeding disorder. Developed by our highly qualified educational consultants, each program is intended to address key issues faced by bleeding disorders community members, providing a full spectrum of patient and caregiver support.

We are pleased to offer these programs free of charge to organizations serving the bleeding disorders community. BioMatrix Specialty Pharmacy is removing burden, improving health, and making life easier for patients with chronic, difficult to treat conditions.

BioMatrix offers accredited, comprehensive specialty pharmacy and support services for a range of chronic health conditions. Our clinicians and support staff offer a tailored approach to every therapeutic category, improving quality of life for patients and producing positive outcomes along the healthcare continuum.

Our services include the clinical monitoring, tracking, and management tools required by today's healthcare stakeholders, while providing individualized patient support leading to better health outcomes.

biomatrixsprx.com



### BIOMATRIXI

# **Educational Programming**

DEDICATED TO MAKING A DIFFERENCE



### BIOMATRIXI



### Adult, Parent, and Caregiver Programs

The following is a partial list of our available programs. All programs can be conducted virtually or in-person.

S Also available in Spanish

#### **Healthcare-Focused Presentations**

### Insurance Basics: Everything You Didn't Know You Need to Know

Examines a number of insurance challenges—prior authorizations, step therapy, specialty tiers, copay accumulators—and discusses the appeals process.

### **Financing a Chronic Illness**

This program discusses medical debt and navigates financial tools to maintain fiscal integrity: copay and support programs; FSA and HSA plans; life and auto insurance; and short and long term disability.

# Disability Preparedness: Understanding Short-Term, Long-Term, and Social Security Disability

Offers information on short-term, long-term, and social security disability and answers key questions about applying for and receiving disability plans.

### No Need to Bleed: A Study in Health Equity

Examines hemophilic arthropathy, micro-bleeding, and prophylaxis in an era of advanced therapy regimens. This data-rich program asks what the aspiration goals are for hemophilia joint health in the modern age.

### The Right to the Right Coverage: Patient Rights and Health Insurance Policies

Reviews patient rights, explores common medication coverage challenges, and provides tools to avoid experiencing a delay in therapy.

### **Empowerment Presentations**

### **Awareness for Advocacy**

Highlights the need for record keeping, health literacy, and using tools for becoming an informed advocate when faced with challenges such as appeals, denials, and problems with access to care.

#### **Women Bleed Too**

Discusses the signs and symptoms of a bleeding disorder, the difference between a "symptomatic carrier" vs. "women with a bleeding disorder", and provides an avenue to document vital information and open dialogue with a provider. §

### Being a Young Advocate: Advocacy & Self-Advocacy for Teens and Young Adults

Participants engage in conversations about self-advocacy and problem solve common self-advocacy situations that occur at the doctor's, school, and work.

### Safe Travels: 2021 and Beyond

Offers valuable information on how to prepare for vacations while caring for someone with a bleeding disorder.

### **Transition Programs**

#### The 411 on 504s

Provides guidance to parents and caregivers of school-aged children. Includes extensive details about educational rights, including information on establishing a 504 Accommodation Plan. §

### **Scholarship 101**

Workshop-style program designed to assist high school students identify available college scholarships, what items are needed, how to apply, and how to keep track of applications.

#### **Transition of Care to Another**

Helps prepare parents and caregivers to feel comfortable leaving their child with a bleeding disorder in the care of another (babysitter, daycare, etc.).

### **Transition to Independence**

Addresses the benefits of medical independence at home, school, or work. Helpful tips and practical takeaways are featured.

### **Healing Arts Programs**

### Camera On: Healing and the Art of Photography

Highly interactive photography program. Engages recent research regarding the impact of art and photography on one's health. Participants apply their photo skills in several picture-taking activities.

### **Singing to Heal**

Interactive discussion of music, the brain, and healing. This program empowers participants to tap into the healing power of music and into sharing the emotional experience with others.

### **Intro to Figure Drawing**

Demonstrates scale and proportion for drawing human-like figures while also covering general artistic principles.

### For additional information or to schedule one of our educational sessions:

- Please call (877) 337-3002 ext. 1515
- Or contact us through our website at biomatrixsprx.com